

# **DAILY BULLETIN: Friday, October 26, 2018 (B-day)**

## **EARLY DISMISSAL/MODIFIED BELL SCHEDULE**

### **For PV vs Peninsula game**

7:00-7:55	Zero Period	55 min
7:55-8:00	Passing	5 min
8:00-9:33	Per 4	93 min
9:33-9:40	Passing	7 min
9:40-9:52	Nutrition	12 min
9:52-11:25	Per 5	93 min
11:25-11:55	Lunch	30 min
11:55-12:02	Passing	7 min
12:02-1:35	Per 6	93 min

## **GENERAL INFORMATION:**

### **ASB**

- Friday: Deck out in RED!!! Pump Up Picnic at lunch and Jazz Band playing on the stage!
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### **2018 FREE KOREAN LUNCH DAY!**

To promote the excellence of Korean culinary, the tasty and healthy Korean Lunch will be served to Palos Verdes High School students and staff on **Monday October 29<sup>th</sup>**. This event is sponsored and supported by the Korean Food Global Association and funded by the Korean government to promote Korean Food.

The Korean lunch boxes will be distributed at the Sea King Park on October 29 during lunch time to all Palos Verdes High students and staff while supplies last.

Korean Honors Society students will help distribute the lunch boxes. Please come to the Sea King Park and enjoy the savory and tasty Korean food on **Monday October 29<sup>th</sup>**.

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### **PARENT PANEL**

Please join us for an evening of ***“Understanding PV Teens”***. A panel discussion on the challenges, stresses and temptations facing our teenagers in the Palos Verdes Community **Tuesday, October 30<sup>th</sup> 7:00-8:30 pm** in the Palos Verdes High School OAR

The following will share their stories, expertise, & address questions:  
Dr. Corinne Hickson - Clinical Psychologist  
Dr. Donnie Watson - Torrance Memorial Medical Ctr

Todd Schenasi – TMMC Prevention Education Specialist  
Alec & Caroline Lowi - PVHS Graduate & Parent  
Chief Velez - PVE Police

Don't miss this valuable information! Sponsored by PVHS BTC & PTSA in recognition of  
**Red Ribbon Week**

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## FALL MUSIC RECITAL

In honor of Veteran's Day, the Music Department is holding a recital to benefit the **Los Angeles Air Force Base**. The base has asked for **SOCKS** in addition to any **MONETARY** donations.

**Thursday, November 8<sup>th</sup> at 7pm in the MPR.**

Donations will be collected 11/5-11/8 by the PVHS Music Department and at the door.

**Checks can be made out to: 61 FSS MWR Fund.** Tax ID#95-2558367.

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## DRAMA

The Drama Department presents ***A Midsummer Night's Dream*** **October 26<sup>th</sup>-28<sup>th</sup>** and **November 1<sup>st</sup>-4<sup>th</sup>**. Tickets are now available at the student store and online at [www.pvhsdrama.com](http://www.pvhsdrama.com). Get yours before they sell out!

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## SKECHERS WALK

It's back!! Attention Sea Kings, the annual **[SKECHERS Pier to Pier Friendship Walk](http://www.skechersfriendshipwalk.com)** ([www.skechersfriendshipwalk.com](http://www.skechersfriendshipwalk.com)) will take place on **Sunday morning, October 28<sup>th</sup>**. Last year as a school, we had almost 450 walkers register, which greatly contributed to the PEF receiving a check for \$240,000!

Click **[HERE](#)**

**[http://www.skechersfriendshipwalk.com/site/TR/FriendshipWalk/General?team\\_id=9782&pg=team&fr\\_id=1130#.W75BTntKjcs](http://www.skechersfriendshipwalk.com/site/TR/FriendshipWalk/General?team_id=9782&pg=team&fr_id=1130#.W75BTntKjcs)** to go to the ***PVHS Sea Kings Team sign up page*** and click "Join Team" in the top right corner. Remember you can register yourself along with your family members, pets (yes, we will accept gold fish!) and even your favorite teachers at PVHS! Every tax deductible \$30 walker registration brings PEF approximately \$60 in return! If you can't make it this year, you can register as a "virtual walker" and PEF still gets credit for your participation.

Your walker registration at the SKECHERS Walk directly supports our PEF which helps to fund the Palos Verdes High SMERT program, College and Career Center, Academic Counselors, Teacher Grants, and much more!

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Please visit [PVPUSD Families Connected](#) to learn about our School District's commitment to the social-emotional wellness of our students, as well as to access free [parenting education events](#), including the the **Families Connected Speaker Series, the Families Connected Parent Chat and walking group**, and to access online [parenting resources](#) galleries. This month's Families Connected focus is [substance use prevention in high school](#), including [vaping prevention information for parents](#), [vaping facts for youth](#), and a special event at Redondo Union High School entitled, [Blowing Smoke: What Parents Need to Know About Vaping](#). All PVPUSD parents are welcome. We also recommend the [Families Connected Red Ribbon Week](#) special edition e-newsletter to our families.

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**COUNSELING OFFICE NEWS:**

**Attn: Seniors!**

**Friday, November 2nd** is the deadline to request letters of recommendation from counselors and teachers. In order to request a counselor letter of recommendation you must turn in your completed Senior Packet to your counselor by the deadline. This includes a completed Naviance questionnaire. If you have questions see your counselor.

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**MINDFUL PARENTING WORKSHOP**

*Mindful Parenting in Turbulent Times*—a sensible approach to school, social media, and stress.

**Thursday, November 8<sup>th</sup> 10-11:30am**

12401 Wilshire Blvd Suite 101, Los Angeles

For more information and to register [see attached flyer](#).

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**COLLEGE AND CAREER CENTER NEWS:**

**COLLEGE VISITS THIS WEEK:**

IMPORTANT INFORMATION REGARDING COLLEGE VISITS in 2018-19:

- Students are required to REGISTER TO ATTEND a college visit at least 48 hours prior to the visit. Students sign up under the "Colleges" tab on Naviance.
  - Students must obtain prior permission from their teacher to attend the visit. Please download the CCC College Visit Permission Slip which can be found on the PVHS website under College and Career Center.
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**Friday, October 26**

9:15 am – Point Loma Nazarene University

10:15 pm – Chapman University  
11:30 am – Hofstra University  
12:15 pm – University of Southern California  
1:30 pm – Lehigh Univeristy

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### **OUTSIDE OPPORTUNITIES**

***Assemblymember Al Muratsuchi is now accepting intern applications.***

**Interning for Muratsuchi's campaign is a great way to:**

- **Get real world political experience**
- **Work of a high profile targeted race**
- **Learn about the California Legislature**

**For more information contact Andrew DeBlock at [andrew@alforassembly.com](mailto:andrew@alforassembly.com) or call 978-821-0185.**

***Frank Scott's Campaign for Assembly*** is offering interested students an opportunity to learn about the elections process through its **fall volunteer program** on an interactive and involved level. Volunteers will play an active and hands-on role in campaign research, interacting with voters, and learn the operations of a campaign office. **If interested contact [amanda@frankscotto.com](mailto:amanda@frankscotto.com), with the subject line: Program Applicant**

**The *2019 Ignite LA Fellowships* are currently open to Los Angeles County high school sophomores and juniors.** This opportunity sends students on an ***all-expenses-paid Earthwatch expedition*** over the summer to conduct hands-on scientific research in the field at a variety of locations throughout the country. The fellowship looks for students with energy, creativity, and a passion to learn, and is not based on academic performance (grades, GPA, test scores, etc.).

Applications are due by **December 2**. **For more detailed information and to apply please refer to their website: <https://earthwatch.org/Education/Student-Fellowships/Ignite>**

### **SCHOLARSHIP OPPORTUNITIES and DEADLINES:**

Please find below a partial list of scholarships that are now posted on NAVIANCE. Many of the scholarships shown are for SENIORS ONLY. However, there are a several open to ALL STUDENTS, grades 9-12. To access more information on these scholarships, please log onto NAVIANCE. Click on the COLLEGES tab and then scroll down to SCHOLARSHIPS and MONEY. Click on SCHOLARSHIP LIST. At this point, select the scholarship of interest. In many cases, you will be directed to a website for the application. In other instances, you may be able to download the application directly from NAVIANCE.

**Scholarship Deadlines through December 14, 2018**

- **OCTOBER 31 - COCA COLA SCHOLARS** (\$20,000) – this is an achievement-

based scholarship awarded to graduating high school seniors. Students are recognized for their capacity to lead and serve, as well as their commitment to making a significant impact on their schools and communities. 150 Coca-Cola Scholars are selected each year to receive this \$20,000 scholarship. Students who will be graduating in the 2018-2019 academic school year may apply at <https://webportalapp.com/sp/login/ccsf> through Wednesday, October 31, 2018, at 5:00 p.m. Eastern.

- **OCTOBER 31 - VETERANS OF FOREIGN WARS VOICE OF DEMOCRACY SPEECH CONTEST** (up TO \$30,000) - this audio essay contest provides students in grades 9 - 12 the unique opportunity to express themselves in regards to a democratic and patriotic-themed 3-5 minute recorded essay. This year's theme is "Why My Vote Matters". Entry forms are available on line at [www.vfw.org](http://www.vfw.org)
- **NOVEMBER 1 - CHRISTOPHER COLUMBUS ESSAY CONTEST** (up to \$1200) – grades 9-12; write an 800-1,200 word essay on a comparison of the three-ship fleet of Christopher Columbus to modern ships of today. Further information/applications may be downloaded from NAVIANCE.
- **NOVEMBER 1 - JUNIOR AMERICAN CITIZEN CREATIVE EXPRESSION CONTEST** (Varies) - grade 9-12; several categories from which to choose including art, creative writing, photography and community service. The theme for 2018/2019 is “The 50<sup>th</sup> Anniversary of the Lunar landing – America’s Great Move Forward in Exploration and Technology”. Students are welcome to think about people, events, places or traditions influenced by the lunar landing. Further information/applications may be downloaded from NAVIANCE.
- **NOVEMBER 7 - PRUDENTIAL SPIRIT OF COMMUNITY AWARD** (\$1,000; \$5,000) - grades 5-12; state/national competition; recognizes volunteerism and the positive contributions of young people who make a difference in our community. Grades and test scores are NOT considered in the application. Applications are available online at [http:// spirit.prudential.com](http://spirit.prudential.com)
- **NOVEMBER 15 - ELKS CLUB MVS FOUNDATION** (up to \$50,000) – seniors only; local/district/state/national competition; applicants will be judged on scholarship, leadership, community service, and financial need. Large emphasis on grades/test scores. To apply, log onto <https://www.elks.org/scholars/scholarships/MVS.cfm>
- **DECEMBER 14 - AXA ACHIEVEMENT SCHOLARSHIP** (\$2,500, \$10,000, \$25,000) – seniors only; regional/state/national competition; recognizes those who have demonstrated outstanding achievement in their activities in school, the community or the workplace. APPLY EARLY, only the first 10,000 applications will be accepted. To apply, log onto [https:// www.scholarsapply.org/axa-achievement/](https://www.scholarsapply.org/axa-achievement/)

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**SPORTS NEWS:**

